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Free Regional Workshop

Sexuality & ASD: Supporting School-Aged Students Who Demonstrate Inappropriate or Dangerous Sexual Behavior at School

Presenter: Kimberly Spence, Ph.D.

October 27, 2021
4:00 pm - 6:00 pm

Online Webinar
(Link will be emailed to registered participants)

Online registration required. See text for details.

PEPSA Online Regional Training ****This Wednesday****

Sexuality & ASD: Supporting School-Aged Students Who Demonstrate Inappropriate or Dangerous Sexual Behavior at School

October 27, 2021
4:00 PM to 6:00 PM

Presenter: Kimberly Spence, Ph.D.

This online training will provide information and suggested strategies for teachers and other school-based personnel supporting school-aged students with Autism Spectrum Disorders (ASD) who may be engaging in sexually maladaptive behavior at school including: touching others without permission, attempting to masturbate, unwanted attempts to engage in romantic relationships, and difficulty understanding physical boundaries with others. Current research regarding individuals with ASD who engage in sexually inappropriate behavior, as well as evidence-based teaching techniques to improve appropriate social interactions between students with ASD and their same-aged peers will be reviewed, along with case study illustrations. This training is for teachers, parents, caretakers, and professionals only. It is not appropriate for children, youth, or adults diagnosed with autism spectrum disorder. CAUTION: Language, pictures, and images presented will be graphic in nature and may be offensive to some individuals.

Register online at: https://ufhjax.zoom.us/webinar/register/WN_sfgYReo2RAaSE01rowPDA

For more information contact: Autumn.Mauch@jax.ufl.edu or

call 904.633.0801

UPCOMING CARD TRAININGS/EVENTS

- **Painting with Emotion (ages 18 and older)**

October 28, Begins at 5:00 PM. Painting with Emotion is a monthly social group for adults between the ages 18 and older, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Social Skills – Gamegroup**

Biweekly, Tuesdays, 5:00 PM – 6:00 PM. The CARD/FDLRS-MDC Game Group is a bi-weekly opportunity for quality social interactions with peers. The focus is on social communication, career exploration, everyday life discussions and building meaningful relationships within the group. All this while engaging in game play! Prerequisite Requirements: Teens must be between ages of 13-19 years and registered with CARD or FDLRS-MDC, and speak with your CARD/FDLRS-MDC point of contact in order to determine if your teen meets the prerequisite skills needed to partake in this group. All group meetings are now held online via Zoom. CARD and FDLRS-MDC are discretionary projects of the Florida Department of Education. These grant funded programs do not charge for their services. For more information please contact Gina Bauer at 904.633.0769 or email gina.bauer@jax.ufl.edu. Click [here](#) to register online.

- **CARD Adult Resources and Support Group**

November 3, December 1, January 5, & February 2, 5:00PM-6:00PM. CARD-Jacksonville runs a resource and support group for constituents who are ages 18 and older, where participants can learn, share, and understand one another through common, comparable experiences and receive helpful guidance. Click [here](#) to register online. All conversations facilitated via Zoom. For more information please contact bernardo.cuadrea@jax.ufl.edu.

- **Dadvocate Support Group**

November 9, & December 14, Begins at 5:00 PM. A Male Caregiver Support Group co-hosted by the UF Health Jacksonville CARD and FDLRS-MDC, with the goal of helping strengthen the relationship between child and parent, while learning about resources and supports from professionals and other parents. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Retro Diner Hour**

November 10, December 8, January 12, & February 9, 5:00PM-6:00PM. Adults with autism spectrum disorder will have the opportunity to engage in facilitated social conversations via Zoom. This event will temporarily take the place of the Breakfast Club Meetings during the COVID-19 pandemic. Click [here](#) to register online (multiple days available). For more information please contact bernardo.cuadrea@jax.ufl.edu.

- **CARD/FDLRS-MDC – Parent Support Group (Craft Group)**

November 10, December 22, and more, 5:00-6:00PM. A Parent Support Group. Conversation-based and activity-based craft group for parents, led by CARD clinicians. Parents will be able to pick up craft kits (includes supplies for craft of the evening) from the front office by the Tuesday before the scheduled date. Click [here](#) to register (multiple days available.) For more information contact chanel.baldwin@jax.ufl.edu.

- **ASD PRIDE**

November 11, & December 9, Begins at 5:00 PM. LGBTQ+ facilitator-led support group for young adults ages 18-22 with autism spectrum disorder. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **PEPSA & CARD-FAU – Sexuality & ASD: Supporting High School Students Who Demonstrate Inappropriate or Dangerous Sexual Behavior at School (online training)**

November 16, 6:30PM-7:30PM. Presenter: Dr. Kim Spence. Hosted by CARD-FAU. This training will provide information and suggested strategies for high school teachers and other school-based personnel supporting high school-aged students with Autism Spectrum Disorders (ASD) who may be engaging in sexually maladaptive behavior at school including: touching others without permission, attempting to masturbate, unwanted attempts to engage in romantic relationships, and difficulty understanding physical boundaries with others. For more information and/or to register for this event click [here](#).

- **Painting with Emotion (ages 12 to 16)**

November 16, Begins at 5:00 PM. Painting with Emotion is a monthly social group for children between the ages of 12-16 years, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Kiddin' Around - Social Skills (online group)**

November 18, December 16, & more, 5:00PM – 6:00PM. A program which focuses on opportunities for social interaction with peers via social emotional activities and games. Skill areas include: sharing the conversation, waiting, turn taking, giving compliments, being empathetic, building community, accepting feedback, oversharing of information, and making friends. Click [here](#) to register online (multiple dates available). For more information contact chanel.baldwin@jax.ufl.edu.

- **Minecraft – Social Skills Game Group**

Every other Tuesday, 4:30-5:30 PM. Attendees will build upon skills of cooperation, communication, social cues, compromise and self-advocacy to name a few, through mini lessons and natural game play. The Minecraft server is exclusive to UF Health Jacksonville CARD and FDLRS-MDC constituents. It is monitored and facilitated by a clinician at all times; expectations and guidelines will be established and enforced during each group session. Minecraft Java Edition is used for the platform (Tablet, Phone or Xbox/PlayStation versions are not compatible at this time). Group members must be registered with CARD or FDLRS-MDC to participate. CARD and FDLRS-MDC are discretionary projects of the Florida Department of Education. These grant funded programs do not charge for their services. For more information please contact gina.bauer@jax.ufl.edu. Click [here](#) to register online.

- **GIRLS (Girls in Real Life Situations)**

Coming Soon. Begins at 6:00 PM. CARD Jacksonville are hosting an experiential learning workshop based on the Girls in Real Life Situations curriculum. These sessions will focus on developing healthy body image, understanding the impact of our choices, communication, emotions, friendships, relationships, self-esteem, stress, and more. The activities will be adapted for virtual environments. As girls progress through the lessons, they will have to demonstrate critical-thinking skills, self-control and self-discipline, use oral, written and listening skills to express themselves, create positive friendships with other students, and more. Attendance at all sessions is strongly encouraged. Open to Girls in 6-12th grades. New meeting dates available soon. For more information contact chanel.baldwin@jax.ufl.edu.

- **Sibshops**

New dates coming soon. Begins at 5:00PM. Sibshop is a gathering of siblings across the ages to create community, build support and share in the stories that make us unique as the sibling of individuals with developmental, intellectual, social-emotional, and medical disabilities. For more information please contact chanel.baldwin@jax.ufl.edu.

- **CARD Constituency Board Meeting**

December 6, 9:00 PM -10:00 AM. The public and individuals served by CARD are welcome to attend these meetings and provide input to the board and CARD staff. Due to COVID-19 this meeting will be held online via Zoom. For more information and a link to attend the event virtually please contact autumn.mauch@jax.ufl.edu.

- ****Save the Date** PEPSA & CARD-JAX – Autism and the School Resource Officer**

March 11, 6:30PM-7:30PM. Presenter: Loret Barta, retired law enforcement commander. Hosted by CARD-JAX and FDLRS-MDC. Location: The Adam W. Herbert University Center @ UNF, 12000 Alumni Dr. This course will provide school resource officers and school security personnel with a basic understanding of autism spectrum disorder (ASD) and how students with autism behave, communicate, and react in various situations. Furthermore, it will address high-risk and crisis incidents and provide officers with tips and strategies to defuse and deescalate the situation. We will announce when registration is open for this event. For more information please contact autumn.mauch@jax.ufl.edu.

UF Health Center for Autism & Related Disabilities – Jacksonville on Facebook

We'll be keeping the Facebook community updated on our trainings and other local events relevant to families, teachers, and professionals in the Jacksonville area. Access the Facebook page by clicking [here](#). "Like" us to add our posts to your news feed.

COMMUNITY TRAININGS/EVENTS

Preparing for Disasters: Learn How to Protect Your Family and Property

This four-part online series will help participants prepare for disasters and will address the challenges of those with loved ones with special needs. Registration required to receive the Zoom link. Learn more at <https://www.smcore.com/c3me9>.

Brooks Pediatric Recreation – YouTube Playlist

The Brooks Pediatric Recreation Program has a playlist on YouTube with videos of some classes from 2020. You and the family can enjoy a class from the comfort of your own home. Let us know what you think and which classes you'd like to see again. Click [here](#) to access the videos. For more information or to contact Brooks email peditricrecreation@brookshab.org.

Arts4All Florida – Student of the Month Recognition Program

Students who participate in the arts develop creativity, have increased self-confidence, understand teamwork, have increased language and math skills and are generally more engaged. It's time to endorse this understanding, recognizing students monthly through this statewide program. If you submitted a nomination last year and your student wasn't selected...try again! Arts4All Florida invites you to take this EASY opportunity to recognize a student who exemplifies outstanding work in and through the arts. Begin the nomination process online by clicking [here](#).

ONGOING CARD AND COMMUNITY PROGRAMS & RESOURCES

The Autism Navigator

The early signs of autism are easy to miss. Learn about what autism spectrum disorder (ASD) is, the early red flags of ASD in toddlers, and how ASD is diagnosed. Click [here](#) to visit the website.

The Baby Navigator

What you do and say can make all the difference. Providing resources and tools for families to celebrate and support their baby's early learning and nurture the development of language and success in school and in life. Click [here](#) to visit the website.

Autism Internet Modules (AIM)

A reserve of free, online professional learning modules designed for those who support, instruct, work with, or live with someone with autism. The Autism Internet Modules (AIM) guide users through case studies, instructional videos, pre- and post-assessments, discussion questions, activities, and more. Click [here](#) to visit the website.

Visual Supports & Reusable Resources for Early Learners

Many of our students use laminated activities such as those pictured above in their classrooms. UF-JAX CARD wants to help support our constituents and their families as they continue to work from home. From letter matching, to name-tracing, sight-words and puzzles - the opportunities are endless. Consult with a CARD clinician about available options, or use something from your student's IEP goals. We will print, laminate and mail to you up to four reusable activities. Please e-mail or call Chanel Baldwin at Chanel.baldwin@jax.ufl.edu, 904.633.0816 to set up an appointment and consult remotely about your options.